

hot poultice massage

Ready for a little bit of heaven? It's in the bag...literally. This centuries-old treatment consists of a therapeutic massage using warm poultices—heated muslin bags filled with healing, fragrant herbs and spices.

First, warm oil is drizzled over the body. Then, using the poultices, your therapist massages your body in a slow, synchronized sequence, working out soreness and stiffness with the bag's warming heat. Oriental massage techniques are used to trace the energy pathways, pressure points, and lymphatic drainage...every touch induces a new level of relaxation and healing.

The fragrant and therapeutic nature of the oils, poultices, and massage make this a heavenly, sumptuous experience that will leave you feeling rejuvenated, refreshed, and wonderfully relaxed.

50 minute treatment

\$130.00



keswick club spa & fitness