



by ORIENT-EXPRESS

## 2010 DAILY DELEGATE CONFERENCE PACKAGE

01 October 2009 – 30 September 2010

**R380** per person (Full Day) *OR* **R350** per person (Half Day) includes the following:

\* **Arrival Morning Break Options – please select one option.**

1. Pastry selection
2. Potted yoghurt with fresh fruit skewer
3. Bacon and egg filled croissants (not a breakfast)

**Freshly brewed tea and filter coffee**

\* **Mid Morning Break Options – please select one option**

1. Pastry selection
2. Pastrami, cheddar and rocket filled crusty rolls with a tomato chutney.
3. Mini quiche selection spinach and smoked salmon

**Freshly brewed tea and filter coffee**

\* **LUNCH:** *Lunch is served in the Oasis restaurant overlooking the gardens & swimming pool and is included in the conference package. If the party consists of more than 70 guests, a working lunch will be offered in the conference venue. See menus attached.*

\* **Afternoon Break options – please select one option.**

1. Biscuits
2. Bitterballen and Thai style fish cakes with dipping sauces
3. Muffins

**Freshly brewed tea and filter coffee**

Should you wish to expand on the above mentioned refreshments, the following items are available for you to add to the existing menus:

Prices are current and subject to change without notice

Mount Nelson Hotel, 76 Orange Street, Gardens, Cape Town, South Africa 8001  
Telephone: +27 (0)21 483 1000 Facsimile: +27 (0)21 483 1001 Email: [reservations@mountnelson.co.za](mailto:reservations@mountnelson.co.za)  
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#### Add-Ons

1. Doughnuts (chocolate, jam) - R35
2. Mushroom empanadas - R30
3. Pastry selection (Selection of danish, croissants, muffins and scones) - R38
4. Sushi selection (maki, nigiri, california and sandwich) - R85
5. Potato samoosas - R40
6. Mini quiche selection - R35
7. Finger sandwich selection - R45
8. Olives, Cashews, lavash, hummus and flat breads - R65
9. Chocolate brownies - R35
10. Biscuits - R12
11. Mini croque monsieur sandwich - R45
12. Yoghurt mousse with fruit skewers - R40

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- \* ROOM HIRE: *Included in the rate*
  - \* TABLE REFRESHMENTS: ***Still or Sparkling Mineral Water, Lemon Cordials and Mints***
  - \* EQUIPMENT: *The use of standard Audio Visual Equipment*
    - *Lectern*
    - *Whiteboard/Flipchart, paper and pens*
    - *Conference note paper and Mount Nelson pen*
    - *Screen with Black Skirt*
  - \* PARKING: *Ample secure complimentary parking*
  - \* PRINTING: *The Mount Nelson has recently opened a Canon Print centre which is accessible to all guests assisting with high end printing requirements and short term equipment rentals eg. Photocopiers, fax machines, printers, office set up etc. Please discuss your requirements with your coordinator and a proposal will be sent for your perusal. Please see attached general price list.*

#### Terms and conditions:

- \* Price excludes service charge (5-8%) but includes (VAT currently at 14%)
- \* This special package is valid from 01 October 2009 until 30 September 2010.
- \* Our highly experienced on-site Audio Visual Company Sight and Sound can provide all additional AV Equipment required
- \* Minimum requirement of 10 delegates
- \* 1 large bottle of mineral water per delegate – additional bottles of water charged to clients main account

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## Finger Lunch Menu 1

### Appetizers

Mustard marinated tuna salad with a cucumber, roasted red pepper

Individual tomato and mozzarella salads

Rolled roast beef filled with rocket, pesto and sun dried tomato

Bruschetta with olive tapenade and goats cheese

Smoked chicken salad

Salad selection with Condiments & dressing

French, Italian, Thousand Island

garlic mayonnaise, balsamic vinegar, olive oil, chutney, olives, sour cream,

, spring onion, cucumber, tomatoes and feta cheese

Bread basket

### From the Chafing Dishes

Spinach and ricotta malfati with a tomato, olive and caper basil sauce

Brinjal bake with parmesan

Line fish and sesame skewers with stir-fried vegetables and lemon sauce

Cape Malay lamb curry

Chicken piccata with a tomato chutney

Fussili "escalivade"

Steamed rice

Roast vegetables

### Dessert Selection

Fresh cut fruit

Individual carrot cakes

Chocolate Torte

Pecan pie

Milk tarts

Assorted fruit coulis and chocolate sauce

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## Menu 2

Horse de oeuvres/ anti pasta

Spreads, smoked trout, herring selection, mackerel

Chicken liver pate, cured beef, pastrami, roast beef and smoked beef

Tomato, olives, feta, anchovies, roasted peppers, grilled marinated brinjal, lemon marinated mushrooms, cucumber, roasted nuts, bacon, parmesan shavings, blue cheese, herb croutons, garlic croutons, asparagus, marinated artichoke, salami, marinated beef, lettuce, spring onion, roasted garlic, bruschetta, country bread, selection of dressings, shrimp, mackerel.

Beef Carving Station served with rolls

Served with mustards and relishes

Chocolate Station

Chocolate Torte

Chocolate Pudding

Chocolate Crème

Individual chocolate trifle

Chocolate Doughnut

## Menu 3

Smoked salmon with condiments

Beef carpaccio with rocket

Greek salad

Selection of rolls

Spiced chicken drumsticks with sesame

Spinach and potato curry

Steamed rice

Beef stroganoff

Kingklip with olives and slow roasted tomatoes

Tiramisu

Jelly and custard

Fresh fruit salad

Chocolate torte

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## Menu 4

### Individuals

Tomato & mozzarella with fresh basil

Shrimp and avocado salad

Greek salad

Baby gem salad

Selection of sushi

Beef stroganoff

Garlic and thyme roasted crushed new potatoes

Southern fried chicken pieces with a spicy peanut sauce

Bakmi Goreng (Egg noodle, shrimp and chicken rice stir-fry with lamb satays)

Roast squash selection

Vegetable curry

Rice with condiments

### Dessert Station

Pasteis de nata

Baklava

Kataifi

Fruit salad

Cream and coulis

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