



### '21' Fresh Fruit Sorbet

**Ingredients:**

1 cup water

1 cup granulated sugar

1 cup pureed fruit such as raspberries, peaches, mangoes, papayas, kiwis, apricots, cherries or strawberries

**Method:**

Bring the water and sugar just to the boil, then lower heat and simmer for five minutes. Remove from heat and cool completely and combine with the fruit puree. Place in an ice cream maker and follow the manufacturer's directions, or place the mixture in a plastic container. Place the container in the freezer, and freeze, stirring every 10 minutes to break up the ice crystals, until completely frozen for approximately one hour.